



**#jointhepack**

The District Wellness Committee has come up with a fun activity for community, students and staff -

***#jointhepack***

***"Your place to discover healthy choices"***

Watch for yellow #jointhepack flyers. Each month a fun trivia question and QR code with a link will be posted at each school and around the community of Emmett. On the poster will be a QR code to direct you to a google form to fill out and submit your answers.

Just download a QR reader from your app store, take a picture of the code to find the answer to the posted question, and then snap a picture of the QR code at the bottom corner of the poster to complete the fillable form and submit your answer.

The Committee will draw from the correct submissions and award a prize each month.

Some of the prizes are:

**Gem County Rec District:**

1 month complimentary Aquafit pass (Adult water aerobics in the summer)  
\$30.00 toward any sport pass for students

**Kamakazee Kickboxing Gym:**

Two free weeks of Boot Camp Weight Loss Classes with Mike Masaitis  
1 free nutrition assessment by Kelsey Masaitis

Basketballs  
Jump ropes

The grand prize drawing will occur in May for a one-night family stay at the Holiday Inn in Boise.

The focus will be on health, nutrition and movement!

Come and **#jointhepack** for a healthier you!