

Emmett School District 221

Breakfast \$1.80 Reduced \$.30

Jan 23, 2019

Lunch \$2.45 Reduced \$.40

Adult Breakfast \$2.50

Adult Lunch \$4.00

Monday	Tuesday	Wednesday	Thursday	Friday
				Fri - 2/1/2019 CEREAL/ TOAST or CINNAMON ROLL FRUIT/JUICE CHOCO FAT FREE MILK 1% MILK
Mon - 2/4/2019 CEREAL/ TOAST or BREAKFAST PIZZA FRUIT/JUICE CHOCO FAT FREE MILK 1% MILK	Tue - 2/5/2019 CEREAL/ TOAST or FRUDEL VARIETY FRUIT/JUICE CHOCO FAT FREE MILK 1% MILK	Wed - 2/6/2019 CEREAL/ TOAST or ENGLISH MUFFIN SANDWICH FRUIT/JUICE CHOCO FAT FREE MILK 1% MILK	Thu - 2/7/2019 CEREAL/ TOAST or BREAKFAST BURRITO FRUIT/JUICE CHOCO FAT FREE MILK 1% MILK	Fri - 2/8/2019 CEREAL/ TOAST or CINNAMON CHEESE BAGEL FRUIT/JUICE CHOCO FAT FREE MILK 1% MILK
Mon - 2/11/2019 CEREAL/ TOAST or BREAKFAST PIZZA FRUIT/JUICE CHOCO FAT FREE MILK 1% MILK	Tue - 2/12/2019 CEREAL/ TOAST or CHOCO CHIP MUFFIN FRUIT/JUICE CHOCO FAT FREE MILK 1% MILK	Wed - 2/13/2019 CEREAL/ TOAST or ENGLISH MUFFIN SANDWICH FRUIT/JUICE CHOCO FAT FREE MILK 1% MILK	Thu - 2/14/2019 CEREAL/ TOAST or BREAKFAST BURRITO FRUIT/JUICE CHOCO FAT FREE MILK 1% MILK	Fri - 2/15/2019 CEREAL/ TOAST or CINNAMON ROLL FRUIT/JUICE CHOCO FAT FREE MILK 1% MILK
Mon - 2/18/2019 CEREAL/ TOAST or BREAKFAST PIZZA FRUIT/JUICE CHOCO FAT FREE MILK 1% MILK	Tue - 2/19/2019 CEREAL/ TOAST or FRUDEL VARIETY FRUIT/JUICE CHOCO FAT FREE MILK 1% MILK	Wed - 2/20/2019 CEREAL/ TOAST or ENGLISH MUFFIN SANDWICH FRUIT/JUICE CHOCO FAT FREE MILK 1% MILK	Thu - 2/21/2019 CEREAL/ TOAST or BREAKFAST BURRITO FRUIT/JUICE CHOCO FAT FREE MILK 1% MILK	Fri - 2/22/2019 CEREAL/ TOAST or CINNAMON CHEESE BAGEL FRUIT/JUICE CHOCO FAT FREE MILK 1% MILK
Mon - 2/25/2019 CEREAL/ TOAST or BREAKFAST PIZZA FRUIT/JUICE CHOCO FAT FREE MILK 1% MILK	Tue - 2/26/2019 CEREAL/ TOAST or CHOCO CHIP MUFFIN FRUIT/JUICE CHOCO FAT FREE MILK 1% MILK	Wed - 2/27/2019 CEREAL/ TOAST or ENGLISH MUFFIN SANDWICH FRUIT/JUICE CHOCO FAT FREE MILK 1% MILK	Thu - 2/28/2019 CEREAL/ TOAST or BREAKFAST BURRITO FRUIT/JUICE CHOCO FAT FREE MILK 1% MILK	

This institution is an equal opportunity provider

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

***** - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.